



STRATHFIELD ROTARY BULLETIN

DISTRICT 9675
24th October 2018

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<https://www.facebook.com/strathfieldrotary>

Rotary, UN and Australian Themes

<i>Year of 2018</i>	-	International Year of the Reef (IYOR)
<i>Month of October</i>	Rotary	Economic and Community Development Month
	Aust.	Shoctor - Defibrillator Awareness Month
	Aust.	Polio Awareness Month
<i>Weeks of October</i>		
24 Oct - 30 Oct	UN	Disarmament Week
30 Oct - 5 Nov	Rotary	World Interact Week
<i>Days of October</i>		
24th Oct	Rotary	Rotary's World Polio Day Livestream Event
24th Oct	UN	United Nations Day
24th Oct	UN	World Development Information Day
27th Oct	UN	World Day for Audiovisual Heritage
31st Oct	UN	World Cities Day



From the President's Desk

A date to remember and put in your diary -- Thursday, 6th December, 2018, the Rotary Club of Strathfield Christmas Party, at Nonna and Co Restaurant, at Strathfield. Planning is underway. It will be a fun night.

As for all Christmas dinners we have extended the welcome to children of all ages, young and old. Our earlier Christmas in July was a trial run.

The hostesses for the night is Olga and her

team of ladies.

Before Christmas we are holding an awards evening, the fabulous Pride Of Workmanship night, on 21st November, 2018. Pride of Workmanship, is a community recognition of individuals going about their day to day vocation, and taking pride in task they are doing, it is above the job description and the fee for service.

The theme of Pride of Workmanship is "Do it

once, do it well". This theme came out of the founding of this Rotary Project in 1975, by the Rotary Club of Pennant Hills. Now Rotary Clubs throughout Australia host similar awards. My view is that the strength of Pride of Workmanship is a community recognising other members of the community providing services that bind the community together.

Leading on from this theme, on Sunday, 21st October, our Club set out with its own community vocation, managing graffiti removal. Peter Smith had the ute and trailer, with all the signage, litres of his stock paint colour "mission brown". I slipped off to the country, mid-north coast. The reports are we did a good job. Texture bricks can slow you down, further on the job training is required. Nick told us from his attendance at Parliament House Graffiti Week launching event, he did not see many paint brushes, but lots of photos, signage and politicians. Training is required there, too...

The pastures are greening up with spring growth and rain. The paddock moisture is being taken up. On Saturday a paddock I walked through was dry, although heavy rain had fallen over the week. On Sunday, after the evening storm the night before, it was boggy. I cannot comment on the country beyond the ranges, but for some coastal areas the drought may have ended.

My best wishes are to our members and members' families who are in the educational system, doing exams and assessment tasks. I know for many it has already started. My advice is keep calm and do well.

Can I remind members both old and new, if not already do so, please complete the working with children check. Our own web page has a step by step procedure to follow. Also there is no cost. It is an essential accreditation. I have been reading job advertisements, not for me today, working with children clearances appears a requirement for many I read (although vocational checks cost money – unlike not for profits). As Ed Dunlop says "why not!"

Charles



Last Week's event: Speaker: Anna Pelle

"End of Life Doula" Report by Rick Vasila

OK, so who has ever heard of a 'doula' before? Not many of us as it turns out (except for our Greek members and guests). It's a relatively new phenomenon here in Australia, although very popular in other parts of the world, and has been there for much longer. According to the Australian Doula College, a doula is described as follows:

"Traditionally, a doula was a woman offering non-medical support and information to other women and their partners during birth and the post-natal

period. 'Doula' is a Greek word that came to mean 'woman's servant'.

We believe that a Doula is a support and information bank for anyone navigating their way through, not just the first breath but also the last. Birth and End of Life Doulas offer non-medical support and information through all life's transitions."

Tonight's address from Anna was focussed on end-of-life services. So, Anna provides all sorts of support to families and individuals as they

navigate these final days and weeks. It may include help with priests and other religious visits, funeral arrangement, and even ensuring that unwanted guests are kept away from the patient in their final days. It's very broad ranging – 'whatever is required at this time'.

In her work, Anna has found that common death bed wishes have two primary characteristics:

1. The individual is sad about leaving their family behind; and
2. They would like to leave a legacy

To this end, Anna has started producing 90-minute podcasts with end of life clients, where she interviews them regarding their life journey and records and publishes the recording as a podcast for anyone to listen to. Interestingly, Anna positioned this

as not necessarily only for those nearing their end of their life, but anyone over the age of 65 who would like to make this recording, for posterity. In fact, an invitation was offered to all members of our club over 65 for this. I must admit, I didn't see many members queuing up to register for this! It is a relatively new and confronting idea, I guess. It will take some time to come to terms with what making a recording like this means.

There were many questions, given the newness and confronting nature of the topic. A very interesting and informative talk. I think most of us learned something new.

Rick.

This Week's speaker: Biagio Gina Versace

Biagio's goal is to raise awareness, and also to remove the stigma,

around Autism & Mental Health.

Next Week's speakers: RYPEN attendees

Our club sponsored four young people to the RYPEN Camp. They will

present on their experiences at our next meeting.

Director's reports

From Wednesday 17-10-18.

No reports this week.

Member's reports

From Wednesday 17-10-18

Ray Wilson

Confirmed that the next Trish Golf Day fundraiser will be held on Thursday 21 Feb 2019. Will be played at Strathfield Golf Club as a Shotgun 4-ball Ambrose event. Attendees have three options, golf only, golf and

dinner, or dinner only. Ray advised that members could help in a number of ways; as a sponsor, provider of raffle prizes or auction items, or being a volunteer on the day.

Nick Hamilton-Kane

Reported on his attendance at Graffiti Removal Day launch at government

house, representing the club.

As the organiser of this year's Pride of Work, confirmed that the event would be held at Carnarvon Golf Club and that he would like twelve nominations. He requested that members identify and submit names. He is also sounded out members for suggestions for an appropriate guest speaker.

David Croft

Reported on upcoming RYLA camp. See his report following.

Rod McDougall

On behalf of Bradley Ayres, confirmed availability of Rotary caps and polo shirts. Commitment sheet was circulated.

RYLA Opportunities – David Croft

The Rotary Youth Leadership Award (RYLA) is a week-long residential program for young people aged 19 to 25, which focuses on personal development, leadership and community. RYLA aims to:

- Give young people the chance to come together in a supportive environment to gain a better understanding of their own strengths and the unique qualities and abilities of others
- Provide an opportunity for young people to develop a network of resources to facilitate their roles and development
- Facilitate learning about teamwork, communication, motivation and to develop the leadership skills of young people through experiential workshops

- Create a greater awareness of social issues affecting young people and Demonstrate Rotary's commitment to young people.

When and Where is RYLA?

In 2019, RYLA will be held at YMCA Camp, YARRAMUNDI – from 4pm Sunday 6th January through to noon Saturday January 12th.

Spaces are limited to 70 and applications are required by 10th November 2018. Apart from the age requirements, there is no restriction on an applicant's links to Rotary members.

Further information including application details is available on the Rotary D9675 web site or contact David Croft if you wish to make a nomination.



Dates for the Calendar



Rotary Events

Day/Date	Event/speaker	To introduce	To thank + Speaker write-up
Wed 24th Oct 2018	Autism & mental health Biagio Gino	Guru Singh	Prabhat Sinha
Wed 31st Oct 2018	RYPENians	Peter Smith	Roger Vince
Wed 7th Nov 2018	RYDA - Greg Rappo	Rick Vosila	Chris Virgona
Wed 14th Nov 2018	TBA	-	-
Wed 21st Nov 2018	Pride of Workmanship	-	-
Wed 28th Nov 2018	TBA	-	-
Wed 5th Dec 2018	AGM and elections	-	-
Thur 6th Dec 2018	Christmas party	-	-

Birthdays and Anniversaries

None this week.



The Statistics

Attendance last meeting (17-10-18)	17
Leave of absence	4
Other absence	4
Apologies	8
No apology	12
Club membership	45
Make-ups advised	0
Partners	0
Guests	6

Funds raised

Raffle (Conducted by Rick Vosila)	\$230.00
Sergeants session (Conducted by Bill Carney)	\$95.45

Your Committee 2018-2019

President	Charles Pitt	Secretary	Rod McDougall
President Elect	Arie Pappas	Sergeant	Grahame True
Immediate Past President	Rick Vosila	Treasurer	Rod McDougall
Youth Service	Peter van der Sleenen	Community Service	Thaya Ponniah
International Service	Chris Virgona	Vocational Service	Usha Garg
Public Officer	Rod McDougall	Club Service	Paolo Giammarco
Assistant Bulletin Editor	Rod McDougall	Web master	Raymond McCluskie
Bulletin Printer	Selectprint	Apologies	Gulian Vaccari
Facebook master	Charles and Olga Pitt		

Raffles Roster

In the Rotary spirit of sharing the load, 'raffles Rick' has devised a roster so all members can activity participate in our weekly raffles.

Here are the rules of the game:

1. This is a test of your accountability and responsibility. If you are rostered on for a particular night, you are accountable and responsible for running the raffle on that night. Please don't let your club down.
2. On your night, you do the lot: arrange the prizes beforehand (three prizes is all we need; be creative with them); announce the raffle; sell the tickets; tally the money; manage the draw; and make it a huge success. I will assist if needed. We can also enlist the support of other members on the night for ticket selling, etc.
3. If you can't make it on the night, you must arrange to swap your shift with someone else on the roster (early!). Don't just let it slip by so we don't have a raffle on the night.
4. If on the night that you're rostered on we have a Transfer Meeting (or no meeting) and so no raffle is required, you get the night off; bonus!

<i>Date</i>	<i>Rostered on</i>	<i>Date</i>	<i>Rostered on</i>
Wed, 24 Oct 18	Farrukh Mirza	Wed, 16 Jan 19	Mathew Elias
Wed, 31 Oct 18	Roy Ellis	Wed, 23 Jan 19	Ed Dunlop
Wed, 7 Nov 18	Raymond McCluskie	Wed, 30 Jan 19	David Croft
Wed, 14 Nov 18	Marvin Manrique-Velasquez	Wed, 6 Feb 19	Jaya Challa
Wed, 21 Nov 18	Chris Haseldine	Wed, 13 Feb 19	Bill Carney
Wed, 28 Nov 18	Nick Hamilton-Kane	Wed, 20 Feb 19	Keith Byrn
Wed, 5 Dec 18	Paolo Giammarco	Wed, 27 Feb 19	Bradley Ayres
Wed, 12 Dec 18	Usha Garg	Wed, 6 Mar 19	Andrew Aravanis
Wed, 19 Dec 18	Rod McDougall	Wed, 13 Mar 19	Paul Anton
Wed, 26 Dec 18	NA	Wed, 20 Mar 19	Domenico Alvaro
Wed, 2 Jan 19	NA	Wed, 27 Mar 19	Thaya Ponniah
Wed, 9 Jan 19	NA	Wed, 3 Apr 19	Rick Vosila

*Out and About:
Graffiti Removal Day
21 October 2018
Led by Peter Smith*



